

THE CLASSICS

Breads: French Roll, Wheat Roll, Sliced Garlic Cheese Sourdough, Sliced Wheat, Gluten Free Options and Lettuce Wraps.

Cheese: Cheddar, Provolone, Monterey Jack, Pepper Jack, Swiss, and Cream Cheese.

Sandwiches include mayonnaise, mustard, dill pickles, tomatoes, red onions, lettuce, peperoncinis, and cheese.

Sm 7.25 Reg 12.50 Lrg 17.00 XL 20.50

Turkey and Cheese

Cals. Sm 250-420 Reg 480-830 Lrg 710-1150 XL 970-1570

Ham and Cheese

Cals. Sm 260-440 Reg 520-870 Lrg 830-1410 XL 1050-1650

Salami and Cheese

Cals. Sm 380-550 Reg 760-1100 Lrg 1120-1560 XL 1520-2120

Chicken and Cheese

Cals. Sm 280-450 Reg 550-900 Lrg 830-1260 XL 1100-1710

Sm 8.75 Reg 15.00 Lrg 20.00 XL 25.00

Roast Beef and Cheese

Cals. Sm 260-440 Reg 520-870 Lrg 770-1210 XL 1050-1650

Pastrami and Cheese

Cals. Sm 300-470 Reg 600-940 Lrg 880-1320 XL 1200-1800

Tuna and Cheese - mustard not included

Cals. Sm 350-530 Reg 700-1050 Lrg 1040-1480 XL 1410-2010

VEGETARIAN

California™: Avocado, mayo, pickles, tomatoes, onions, spinach, peperoncinis and choice of cheese. French roll.

Cali Caprese: Melted jack cheese, pesto, tomatoes, spinach & balsamic vinaigrette. Toasted garlic bread.

Vegan Vibes: Avocado, vegan gouda, vegan mayo, tomatoes, onions, bell pepper, cucumber & spinach. Toasted sliced wheat.

La Jolla™: Avocado, blue cheese, balsamic vinaigrette, pickles, tomatoes, onions, spinach & mayo. Toasted sliced wheat.

	SM	Cal	REG	Cal	LRG	Cal	XL	Cal
California™	8.25	430-480	12.25	860-900	16.50	1280-1340	20.00	1720-1820
Cali Caprese	8.25	410	12.75	820				
Vegan Vibes	8.25	390	12.75	780				
La Jolla™	8.25	420	12.50	840				

SALADS 15.25

All salads made on your choice of farm fresh spring mix, spinach or romaine.

VEG Super Salad: Quinoa, edamame, corn, & bell pepper mix topped with tomatoes, onions, avocado, cilantro, & feta cheese. Lemon Vinaigrette.

Chef Salad: Ham, turkey, salami, bacon, jack cheese, cheddar, avocado, onions, tomatoes & peperoncinis.

Cabo Salad: Taco-seasoned chicken, pepper jack, avocado, tomatoes, onions, tortilla chips, cilantro & Tapatio®.

Mesa Salad: Chicken, buffalo wing sauce, jack cheese, blue cheese, bacon, avocado, tomatoes, onions & peperoncinis.

BBQ Chicken Salad: Chicken, BBQ sauce, pepper jack, bacon, tomatoes, onions, & peperoncinis.

Tuna Salad: Tuna, jack cheese, avocado, tomatoes, onions & peperoncinis.

Dressing options: Balsamic vinaigrette 120 Cal - Lemon garlic vinaigrette 170 Cal - Spicy ranch 170 Cal - BBQ ranch 190 Cal
Italian 200 Cal - Ranch, Blue cheese & 1000 island 220 Cal

BEACH MUNCHIES

Marley Nachos™: Tortilla chips, nacho cheese, tomatoes, onions, peperoncinis, avocado, bacon & cream cheese.

Beach Bites™: Toasted garlic french roll, provolone and parmesan cheese. Side of hot or cold marinara.

Moon Doggie™: All-beef frank, mayo, mustard, tomatoes, onions, peperoncinis & pickles.

Wakie Bakie™: 2 eggs, cheddar, tomatoes, avocado, Tapatio®, cream cheese, bacon and/or sausage. Toasted garlic bread.

REG Cal

16.25 1730

12.50 1240

10.50 980

1 Meat 13.00 680-920

2 Meat 14.50

SANDWICHES SIZES ARE AS FOLLOWS: SMALL 3" | REGULAR 6" | LARGE 9" | X-LARGE 12"

2,000 Calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

